OCEAN Trait	Sub-Personality trait	not at all — Location on continuum — completely
Openness Inclination to appreciate a variety of experiences	Accepting	
	Broad-minded	
	Daring	
	Inciteful	
	Receptive	
	Tolerant	
Conscientiousness Inclination to do what's right, do it well, and do it thoroughly	Dutiful	
	Exact	
	Faithful	
	Mindful	
	Steadfast	
	Truthful	
Extroversion Inclination to be sociable, energetic and talkative	Affable	
	Companionable	
	Convivial	
	Gregarious	
	Outgoing	
	Sociable	
Agreeableness Inclination to be kind, sympathetic and happy to help	Congenial	
	Friendly	
	Good-natured	
	Gracious	
	Pleasant	
	Trusting	
Neuroticism Inclination to worry, or be vulnerable or temperamental	Agitated	
	Impatient	
	Jittery	
	Sensitive	
	Tense	
	Uneasy	